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(CALL-in, 505 -444- 5059) SAT Aug 17th , 2024.

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TOPICS:

Quotes & Quips HUMOR & WISDOM

- Make the LIE big, ...Make the LIE simple, ...KEEP SAYING IT, and eventually they will Believe it. — Adolph Hitler.
- REMEMBER JOE BIDEN WON THE 2020....ELECTION FAIR & SQUARE ! ! ! ! !

...and TAMPON TIM AND Kamila are conservative MARXISTS .

■ **– The Marxist Binary** oppressor & victim

- "I have never let my schooling interfere with my education." – Mark Twain

IN THESE TROUBLED TIMES REMEMBER, FEAR IS A REACTION.. .... COURAGE IS A DECISION.

THE PURPOSE OF THIS SHOW IS TO EDUCATE AND EMPOWER YOU THE LISTENER To MAKE THE COMPLEX UNDERSTANDABLE EACH & EVERY SHOW.
-R. Limbaugh

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THANK YOU FOR LISTENING, CALLING AND TELLING OTHERS ABOUT THE SHOW

US-Russian ballerina Ksenia Karelina sentenced to 12 years in jail for tonating $51 to Ukraine charity.

Beating Lyme Disease with Hyperthermia Treatment:

Front Line COVID-19 Critical Care Alliance Blog: August 5, 2024

https://covid19criticalcare.com/hyperthermia-treatment-for-lyme-disease/

The symptoms of Lyme disease often overlap with conditions such as Chronic Fatigue Syndrome (CFS) and fibromyalgia. Patients may experience persistent fatigue, widespread pain, and cognitive difficulties, which are also common in CFS and fibromyalgia.

- Whole-body hyperthermia works by heating the body to temperatures as high as 107 degrees Fahrenheit, effectively mimicking a high fever. This process breaks down the biofilms protecting the Lyme bacteria, allowing antibiotics to eliminate the bacteria more effectively. As Sophia describes, "They heat your body up to 107.24 degrees for a few hours and intravenously give you antibiotics to kill the spirochetes."

- Hyperthermia treatment partly works due to heat shock proteins (HSPs). HSPs:
  - -Repair Proteins: Refold and fix damaged proteins.
  - -Protect Cells: Prevent cell death and stabilize structures.
  - -Boost Immunity: Enhance immune response by promoting antigen presentation.
  - -Reduce Inflammation: Modulate and decrease excessive inflammation.

- Sophia traveled to Clinic St. George in Germany to undergo this treatment. The process included comprehensive detox therapies, such as blood ozone therapy and colonic cleanses, to mitigate herxing (a reaction to the release of toxins from dying bacteria).

Washington Created The Doctor Shortage And Can't Fix It

By: Deane Waldman August 12, 2024 The Federalist

Clinical doctors smiled (actually, they grimaced) while reading two recent headlines. The first was "Wyden, Blackburn Introduce Bipartisan Legislation to Tackle Health Care Workforce Shortages." This is one more demonstration of Ronald Reagan's prescience when he said in his 1981 Inaugural Address, "Government is not the solution to our problem; government is the problem."

Every direct care provider understands from painful daily experience that government regulations stemming from federal legislation are the real reason for shortages.

The shortage of nurses, therapists, and physicians is undeniable and getting worse. Understanding why people are leaving helps to know why they became care providers, especially doctors, given the time, stress, and cost necessary to become one.

The answer is the psychic reward, what Maslow called self-actualization. As a nurse shared one day, "When my [patients] do well, it feeds my soul." Care providers prove their self-worth to themselves when they help heal a sick person through their personal efforts. The number of Washington advisories, guidelines, prohibitions, clinical algorithms, crisis standards, and clinical mandates is literally uncountable. These federal commandments effectively take care decisions out of clinicians' hands.

As the number of regulations goes up, the psychic reward shrinks until it is gone. And when the psychic reward goes, so go the care providers.

Federal health care regulations make it harder for caregivers to do their jobs, not easier. The security elements of the Health Insurance Portability and

Accountability Act of 1996 (HIPAA) obstruct communication between clinicians, frustrating them and increasing the likelihood of medical errors. Workers everywhere rightly expect their employers to help them do their jobs, yet caregivers face obstacles everywhere they turn as the federal government tries to protect the patients from their supposed fiduciary doctors and nurses.

Such "protection" drives people out of caregiving.

The "health care workforce shortage" applies to doctors and nurses but not to nonclinical healthcare workers: administrators, agents, bureaucrats, billers, coders, compliance officers, lawyers, managers, etc.

This number expands every time Washington imposes more regulations. Between 1970 and 2010, the supply of U.S. physicians increased by 100 percent. Over the same time, the number of healthcare bureaucrats increased by more than 3,000 percent. Texas, for instance, has 50,000 licensed physicians and 62,000 overseers in the Texas Health and Human Services Commission.

Where does all the money come from to pay healthcare bureaucrats? From payments to caregivers.

To pay for the BARRCOME — bureaucracy, administration, rules, regulations, compliance, oversight, mandates, enforcement — in the Affordable Care Act of 2010, President Barack Obama took $716 billion out of the Medicare Trust, funds earmarked to pay for seniors' hospital care. The Trust is slated to run out of money by 2028. Medicare bureaucrats will still be paid, but seniors won't get medical care.

Increasing numbers of doctors still in practice are refusing to see new Medicaid patients. In a survey of Texas physicians, where more than 50 percent do not accept new Medicaid patients, the two reasons they give are regulatory burdens and low payment schedules as funds for care providers are diverted to pay for BAR RCOME.

To suggest that the government will solve the shortage is laughable, given that Washington's over-regulation is the cause of care provider shortages.

The second eye-catching headline reads, "Healthcare leads July job growth." Yahoo Finance reports, "Healthcare led the way with 55,000 new jobs in July. This increase was distributed across various subsectors: home health care services added 22,000 jobs, hospitals contributed 20,000, and nursing and residential care facilities saw a 9,000 job increase."

Not described was how many of these "health [] care jobs" were care providers and how many were not, i.e., they were bureaucrats. A prior report showed that at least 90 percent of new healthcare jobs are administrative. As more nonclinical jobs are added, more money is necessarily diverted away from patient care.

The result is more death-by-queue: more Americans dying while waiting in line for care.

Is it surprising that the shortage of nurses and doctors is worsening when they can see that paying government bureaucrats is more important than paying them to provide patient care? When the system they work in undervalues them, takes away the psychic reward, and hogties them with regulations to protect the patients from them?

The true wonder is that any care providers are still willing to put up with this.

The solution for the shortages is simple, though politically radioactive. Since government incursion into the practices of medicine, nursing, and therapy is the root cause, the cure is to withdraw Washington's heavy hand from its illegal and harmful malpractice of health care.

Deane Waldman, M.D., MBA, is professor emeritus of pediatrics, pathology, and decision science at the University of New Mexico.

Long-Term Cannabis Use Significantly Increases Risk of Heart Disease and Death

by Ellen Wan August 7, 2024

- Recent research links heavy cannabis use to higher risk of cardiovascular disease and mortality, especially in women.

- According to the latest data from the National Survey on Drug Use and Health (NSDUH), the number of daily cannabis users in 2022 increased to 17.7 million, surpassing the 14.7 million daily alcohol users for the first time. Between 1992 and 2022, as negative perceptions of cannabis use decreased, there was a 15-fold increase in the proportion of people reporting daily or near-daily use of cannabis.

- The JAMA Network Open study analyzed data from over 120,000 individuals in the UK Biobank. About 55 percent of participants were female, with an average age of 55, and about 45 percent were male, with an average age of 56.

- risks for all-cause mortality, cardiovascular disease mortality, and cancer mortality in women increased by 49 percent, 167 percent, and 61 percent, respectively. These risks increased by 28 percent, zero percent, and 9 percent for men, respectively. This suggests that heavy cannabis use has a greater impact on mortality risk for women, particularly with a significant increase in the risk of cardiovascular disease mortality.

HACK: you can easily remove superglue from a lot of surfaces in your home with hydrogen peroxide. Hydrogen peroxide reacts with it, breaking down its chemical bonds to the point where scraping it off would be much easier.

● when you remove the tape, as it often leaves a sticky residue behind. But fear not, that gunk is easily removed. All you need is a cloth, WD-40 or isopropyl alcohol and a little bit of elbow grease.

● mineral spirits stands tall as an unsung hero, quietly wielding its power to tackle more than just paint-related issues. Often confined to the toolbox of DIY enthusiasts, its prowess also extends to the realm of home repairs. This unassuming solvent, also called paint thinner or white spirit, harbors a secret weapon against a seemingly unrelated adversary -- dried-on super glue. The solvent's unique molecular structure allows it to infiltrate the stubborn bonds of dried superglue, showcasing another side of its utility.

● ● ●You're probably familiar with **Pine-Sol** as a household cleaner and disinfectant, but did you know it can also serve as an effective mouse repellent? If you think mice are setting up residence in your home, you generally have a couple of choices: using traps or chemical repellents. Traditional methods like these can work, but they present various challenges and ethical dilemmas. Traps may be messy, distressing, and cruel, leading to the death of the mice in ways you might find disturbing. Chemical repellents pose their own risks, including toxicity to you, your pets, and the mice you aim to evict. Are you in search of a solution that offers both efficacy and ethical peace of mind? Pine-Sol could be the safe, effective, and more ethical answer you've been looking for.

Nitrates in Bacon

- Nitrates and nitrites are two different types of compound.

Nitrates (NO3) consist of one nitrogen atom and three oxygen atoms. Nitrites (NO2) consist of one nitrogen atom and two oxygen atoms.

Nitrates are relatively inert, which means they're stable and unlikely to change and cause harm.

However, bacteria in the mouth or enzymes in the body can convert them into nitrites, and these may be harmful.

- Manufacturers add nitrites to meat to preserve them. They're the reason why cured meat is pink or red. In meat, nitrites turn into nitric oxide. This reacts with proteins in the meat, changing its color and helping preserve it.
=> Without nitrites and other additives, the meat would turn brown quickly.

- Recently, nitrosamine contamination of commonly used drugs for treatment of hypertension, heartburn, and type 2 diabetes has prompted numerous Food and Drug Administration (FDA) recalls in the US. These contaminants include the carcinogens NDMA (N-nitrosodimethylamine) and NDEA (N-nitrosodiethylamine) and the animal tumorigen NMBA (N-nitroso-N-methyl-4-aminobutyric acid). NMBA and NDEA are metabolically and/or structurally related to NDMA, an N-nitrosomethyl-n-alkylamine (NMA), and 12 other carcinogenic NMAs. These nitrosamines exhibit common genotoxic and tumorigenic activities, with shared target tumor sites amongst chemicals

- eating even a few slices of bacon per day may harm your health in the long run.

- It’s safe to eat bacon occasionally as part of a balanced diet, but you should try to lower your intake substantially and pair it with a variety of minimally processed, whole foods.

- With all the talk about nitrates in processed meat, it's surprising that these chemicals are naturally abundant in leafy greens like spinach, lettuce, and arugula.

- SO CALLED NITRATE FREE BACON is treated with celery juice and salt, Unfortunately, bacon cured with salt and celery juice will react with saliva to form nitrite, which in turn becomes harmful nitrosamines.

- In fact, WebMD states that bacon packages labeled "nitrite-free" were tested to have more than double the amount of nitrates as regular bacon.

Fenbendazole (also known as Fenben) is a broad spectrum benzimidazole anthelmintic used against gastrointestinal parasites including: giardia, roundworms, hookworms, whipworms, the tapeworm genus Taenia (but not effective against Dipylidium caninum, a common dog tapeworm), pinworms, aelurostrongylus, paragonimiasis, strongyles, and strongyloides that can be administered to sheep, cattle, horses, fish, dogs, cats, rabbits, most reptiles, freshwater shrimp tanks as planaria and hydra treatments, as well as seals.

MECHANISM OF ACTION:
Fenbendazole works by binding to tubulin, a protein that is part of the microtubules in the cells of parasites. This binding disrupts the microtubules' formation and function, leading to the parasites' inability to absorb nutrients, resulting in their eventual death. This mode of action makes fenbendazole

effective against both adult and larval stages of many parasitic worms.
.
Fenbendazole is a drug that is used to treat parasites in animals, but it may also have anti-cancer effects1234. Fenbendazole may inhibit cancer cell growth and induce cancer cell death by disrupting microtubule formation, interfering with glucose uptake, and starving cancer cells of the glucose they need to survive
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Ivermectin

SIDE EFFECTS:

muscle pain or stiffness
pain in the joints
swollen, painful, or tender lymph glands

- ●
- ●
- ●
- ●

Black, tarry stools
bloating or swelling of the face, arms, hands, lower legs, or feet
chest pain
chills
cold sweats
cough
dizziness or lightheadedness
dizziness, faintness, or lightheadedness when getting up from lying or sitting position
eye or eyelid irritation, pain, redness, or swelling
fast, pounding, or irregular heartbeat or pulse
feeling of constant movement of self or surroundings
fever
painful or difficult urination
rapid weight gain
sensation of spinning

shakiness in the legs, arms, hands, or feet
sore throat
sores, ulcers, or white spots on the lips or in the mouth
swollen glands
tingling of the hands or feet
trembling or shaking of the hands or feet
trouble breathing
unusual bleeding or bruising
unusual sleepiness
unusual tiredness or weakness
unusual weight gain or loss

RARE

Agitation
back pain
bloody eye
blurred vision
change in consciousness
confusion
decreased awareness or responsiveness
difficulty in standing or walking
hallucinations
headache
irritability
loss of bladder control
loss of bowel control
loss of consciousness
mood or mental changes
redness of the eye
seizures
stiff neck
unusual dullness or feeling of sluggishness
vomiting

Bull. Stuff. NEWS DIVISION

This type of supplement may increase heart disease risk, new study finds

by Linda Carroll

https://www.msn.com/en-us/health/other/this-type-of-supplement-may-increase-heart-disease-risk-new-study-finds/ar-BB1iA5Kr?ocid=msedgdhp&pc=HCTS&cvid=90044f4e7bb847489e7c583b5e27c090&ei=59

High levels of niacin, an essential B vitamin, may raise the risk of heart disease by triggering inflammation and damaging blood vessels, according to new research.

The report, published Monday in Nature Medicine, revealed a previously unknown risk from excessive amounts of the vitamin, which is found in many foods, including meat, fish, nuts, and fortified cereals and breads.

The recommended daily allowance of niacin for men is 16 milligrams per day and for women who are not pregnant is 14 milligrams per day.

About 1 in 4 Americans has higher than the recommended level of niacin, said the study's senior author, Dr. Stanley Hazen, chair of cardiovascular and metabolic sciences at the Cleveland Clinic's Lerner Research Institute and co-section head of preventive cardiology at the Heart, Vascular and Thoracic Institute.

The researchers currently don't know where to draw the line between healthy and unhealthy amounts of niacin, although that may be determined with future research.

"The average person should avoid niacin supplements now that we have reason to believe that taking too much niacin can potentially lead to an increased risk of developing cardiovascular disease," Hazen said.

Currently, Americans get plenty of niacin from their diet since flour, grains and cereals have been fortified with niacin since the 1940s after scientists discovered that very low levels of the nutrient could lead to a potentially fatal condition called pellagra, Hazen said.

Prior to the development of cholesterol-lowering statins, niacin supplements were once even prescribed by doctors to improve cholesterol levels.

To search for unknown risk factors for cardiovascular disease, Hazen and his colleagues designed a multipart study that included an analysis of fasting blood samples from 1,162 patients who had come into a cardiology center to be evaluated for heart disease. The researchers were looking for common markers, or signs, in the patients' blood that might reveal new risk factors.

The research resulted in the discovery of a substance in some of the blood samples that is only made when there is excess niacin.

That finding led to two additional "validation" studies, which included data from a total of 3,163 adults who either had heart disease or were suspected of having it. The two investigations, one in the U.S. and one in Europe, showed that the niacin breakdown product, 4PY, predicted participants' future risk of heart attack, stroke and death.

The final part of the study involved experiments in mice. When the rodents were injected with 4PY, inflammation increased in their blood vessels.

The results are "fascinating" and "important," said Dr. Robert Rosenson, director of metabolism and lipids for the Mount Sinai Health System in New York City.

The newly detected pathway to heart disease might lead to the discovery of a medication that could reduce blood vessel inflammation and decrease the likelihood of major cardiovascular events, he added.

Rosenson hopes that the food industry will take note and "stop using so much

niacin in products like bread. This is a case where too much of a good thing can be a bad thing."

The new information could influence dietary recommendations for niacin, said Rosenson, who was not involved with the Cleveland Clinic research.

Scientists have known for decades that a person's cholesterol level could be a major driver of heart disease, said Dr. Amanda Doran, an assistant professor of medicine in the division of cardiovascular medicine at the Vanderbilt University Medical Center.

Even when patients' cholesterol levels were brought down, some continued to have a high risk of heart attacks and stroke, Doran said, adding that a 2017 trial suggested that the increased risk might be related to blood vessel inflammation.

Doran was surprised to learn that niacin could be involved in driving up the risk of heart disease.

"I don't think anyone would have predicted that niacin would have been pro-inflammatory," she said. "This is a powerful study because it combines a variety of techniques: clinical data, genetic data and mouse data."

Finding the new pathway may allow future researchers to discover ways to reduce blood vessel inflammation, Doran said.

"It's very exciting and promising," she said.

This story originally appeared on NBCNews.com.