#### The MEMORY reVITALIZER HOUR

with Dr. William Summers

(CALL-in, 505 -444- 5059) SAT Aug 3rd, 2024.

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**TOPICS:** HxNsK; altern Med; Colon Ca; PANIC; innovative CA Fuad Shukr\_

Quotes & Quips HUMOR & WISDOM

- Make the LIE big, ...Make the LIE simple,
   ...KEEP SAYING IT, and eventually they will
   Believe it. Adolph Hitler.
  - REMEMBER JOE BIDEN WON THE 2020....ELECTION FAIR & SQUARE!!!!!...and Donald Trump is a convicted Felon AND Kamila is a conservative.

Give Us Barabbas ... Democracy The Basis of Illogical Choices

"I have never let my schooling interfere with my education."Mark Twain

IN THESE TROUBLED TIMES REMEMBER,
FEAR IS A REACTION.. .... COURAGE
IS A DECISION.

# THE PURPOSE OF THIS SHOW IS TO EDUCATE AND EMPOWER YOU THE LISTENER To MAKE THE COMPLEX UNDERSTANDABLE EACH & EVERY SHOW. -R. Limbaugh

#### Word FROM OUR SPONSOR

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#### Hx Uns to K:

WHAT are the 5 freedoms of THE 1<sup>ST</sup> AMENDMENT?

Congrass shall make no law respecting an establishment of **RELIGION**, or prohibiting the free exercise thereof; or agridging the freedom of **SPEECH**, or of the **PRESS**, or the right of the people peaceably to **ASSEMBLE**, ant to **PETITION** the Government for the redress of grievances.

#### Expound~~~

- If Harris ever becomes president, Willie Brown likes to say, "She'll deport my ass."
- Willie Lewis Brown Jr. 90 y/o (born March 20, 1934) is an American politician. A member of the Democratic Party, he served as mayor of San Francisco from 1996 to 2004 (8 yr), the first African American to hold that office.
- He was elected to the California Assembly **in 1964**, during which he became popular in San Francisco and became known as one of the country's most powerful state legislators. As a legislator, Brown earned a reputation as a supporter of civil rights of gays and lesbians and was able to manage colleagues and maintain party discipline. He served as the Speaker of the California State Assembly from 1980 **to 1995**.

- His long tenure and powerful position were used as a focal point of the California ballot proposition limiting the terms of state legislators that passed in 1990.
- Harris did date San Francisco Mayor and State Assembly Speaker Willie Brown between 1994 to 1995. Brown appointed her to two posts first to the California Unemployment Insurance Appeals Board, and then to the Medical Assistance Commission. Willie was married but separated at the time.
- One Flew Over the Cuckoo's Nest, a 1962 Novel and a 1975 American psychological drama film. It pitted 38-year old Randle McMurphy (JACK NICKELSON), previously on an Oregon work farm, is incarcerated for the statutory rape of a 15-year-old girl, and further arrests for other assault. Malingering, he pretends to be insane to get himself moved to a mental institution to avoid hard labor. vs Nurse Ratched, a cold, passive-aggressive behavior tyrant herself who intimidates her patients.
- The theme of the drama is that inmates are normal victims who are abused with involuntary medications, Electroconvulsive therapy, and lobotomy seemingly ordered by NURSE Ratched.
- Willie Brown cleverly reasoned why should gov't money be used to house and feed the NON-VOTING mentally in firmed, when the money could be spent on welfare to actual voters
- The Lanterman–Petris–Short (LPS) Act of 1967; The Act went into full effect on July 1, 1972.

MENTION THE MEDICAL PRACTICE – MARGARET 25% OFF OF 1<sup>ST</sup> VISIT.... 505 - 878 - 0192

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memory>6months • ?? possible ALZHEIMER'S?

• must have caregiver / loved one to participate.

ALBUQUERQUE NEUROSCIENCES 101 Hospital Loop NE, Unit 209, Albuquerque, NM 87109

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Aug 3, 2024 p4

THANK YOU FOR LISTENING, CALLING AND TELLING OTHERS ABOUT THE SHOW

## As a doctor I sneered at alternative medicine for years. But after some startling results, I've done a U-turn: PROFESSOR ROB GALLOWAY

by Prof Rob Galloway Daily Mail July 29, 2024

• I used to think that modern medicine was the saviour for all ills, and I was dismissive of people who said they'd benefited from alternative remedies such as acupuncture.

I'd quietly snigger under my breath when a patient told me how yoga, rather than sertraline, was helpful for their stress. And sneer at those who took vitamins or supplements for this or that.

• Last month, a study was published in the highly respected journal JAMA Network Open, which showed how effective acupuncture can be for helping patients with Parkinson's to sleep. (Two in three patients suffer from insomnia.)

In the study, patients at the Guangzhou University Hospital in China were given either acupuncture or sham acupuncture (using needles that do not penetrate the skin).

After four weeks of treatment, those given real acupuncture had significantly better sleep. The effect lasted for another four weeks after that.

• There is evidence that it can be effective in treating gastro- intestinal pain, migraine and menopausal symptoms.

Crucially, it could also treat chronic pain, such as back pain, which I—like millions of others—suffer from, and for which there is little available in terms of effective treatments.

• Of course, we have to remember a herb is a herb until it is proven to have a medical benefit — and then it's called a drug.

For example, digoxin and aspirin are lifesaving medications, but were originally derived from the foxglove plant and willow bark, respectively.

## Our colon cancers were dismissed as 'anxiety' and 'allergies' - the delayed diagnoses mean we'll die from the disease

by Emily Joshu, Daily Mail July 28, 2024

- Take home, change in bowel habits, work it up
- and some women are considered 'anxious' from having almost no symptoms at all. Amy Lentz of Washington state noticed that her stool was slightly looser than normal. She had to wait a year and a half for a colonoscopy, which confirmed terminal colon cancer.
- Raquel Aguilar, 33, of California, suffered severe diarrhea off and on for three years that included blood in her stool. Yet doctors referred her to a psychologist instead of ordering additional tests.

#### FROM The Clinic: PANIC ATTACKS -

Panic attack symptoms come on quickly, feel like they last an eternity, and can leave you with a sense of dread. This frightening experience happens to about 11% of adults in the United States each year.

During a panic attack, the nervous system overreacts to a perceived danger. This leads to a wide range of distressing symptoms: a rapid heartbeat, difficulty breathing, dizziness, and chest pain that can feel like a heart attack.

#### POSSIBLE SYMPTOMS:

SHAKING	NUMBNESS	<b>SWEATING</b>

NAUSEA PALPITATIONS SOB

DIZZY CHEST PAIN FEAR of losing CONTROL
Derealization Chills/ Hot flashes FEAR of losing DYING

- When someone experiences derealization, they have a feeling of unreality, or being disconnected from reality as it is occurring around them.
- Depersonalization can be described as feeling detached from oneself, or as if you are observing your own behaviors but not identifying with them.

#### **Innovative Cancer Therapies for 2024**

By Sheramy Tsai Epoch Times July 30, 2024

#### REPURPOSED MEDICATIONS

Repurposed medications use old, off-patent drugs to target cancer in innovative ways. Although not new to medicine, this approach has gained traction in oncology due to lower development costs and shorter approval times compared to new drugs. The concept gained widespread recognition in 2014 with the Repurposing Drugs in Oncology (ReDO) project. "Repurposed medications are not a cure for cancer or a replacement for conventional therapies. They are valuable adjuncts to the stacking of therapies in a precise manner," explains Dr. Goodyear. These medications can target specific cancer pathways effectively, providing additional support to traditional treatments.

For example, drugs such as Celebrex, ivermectin, low-dose naltrexone, and Mebendazole are now being used to target critical pathways in cancer cells, including those involved in the progression of cancers like breast cancer with brain metastasis.

Metformin, originally for Type 2 diabetes, and aspirin, known for pain relief, have mechanisms that help inhibit cancer cell growth and induce apoptosis.

Repurposed medications have shown promise in targeting cancer cells using advanced techniques that study genes, proteins, and other biological factors. Dr. Goodyear says significant research supports their success. However, their use must be carefully managed to ensure effectiveness and avoid the pitfalls of a "throw everything at the wall" approach.

### Bilateral Mastectomy Reduces Cancer Risk Without Improving Survival Rates: Study

by Sheramy Tsai Epoch Times July 25, 2024

• New research shows that while bilateral mastectomy lowers the risk of cancer in the opposite breast, it doesn't improve overall survival rates. This finding may influence decisions for women with unilateral breast cancer, challenging the notion that more aggressive surgery yields better long-term outcomes.

- esearchers at the Women's College Hospital in Toronto investigated the long-term effects of different surgeries for women with cancer in one breast. They aimed to determine if bilateral mastectomy (removal of both breasts) offers a survival advantage over lumpectomy (removal of tumor and small surrounding area) or unilateral mastectomy (removal of one breast).
- Using data from a large cancer registry, the study focused on women diagnosed with early to mid-stage breast cancer in one breast from 2000 to 2019.
- Participants were tracked for 20 years to monitor the development of cancer in the opposite breast and breast cancer mortality. Researchers also collected data on treatments such as chemotherapy and radiotherapy.
- During the 20-year period, 766 women with lumpectomies, 728 with unilateral mastectomies, and 97 with bilateral mastectomies developed cancer in the opposite breast. Women with bilateral mastectomies had a much lower risk of developing cancer in the opposite breast, with only 1 out of 370 affected, compared to about 1 out of 15 with lumpectomies and 1 out of 50 with unilateral mastectomies.
- THEY DO NOT TALK ABOUT WHAT THE BILATERAL MASTECTOMY WOMEN DIE FROM.

#### **ABOUT PROJECT 2025** (Heritage Foundation)

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- https://www.project2025.org/about/about-project-2025/

#### Who was Hezbollah commander Fuad Shukr?

Shukr was designated a terrorist by the U.S. government for his role in the 1983 bombing of the U.S. Marine Corps barracks in Beirut that killed 241 American and 58 French military personnel, as well as six civilians. The U.S. posted a bounty of \$5 million for information on his location.

### MAP: The 25 states that ban trans people from competing in female sports, and the remaining 25 'failing' women

By Luke Andrews August 1, 2024 Daily Mail

• Since 2020, half of American states have implemented various bans to block transgender youth from competing in women's school sports.

Almost all of these are Republican-led, highlighting the politically fraught nature of the issue.