

The MEMORY reVITALIZER HOUR

with Dr. William Summers

(CALL-in, 505 -444- 5059) SAT JULY 27th , 2024.

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TOPICS: Memory reVITALIZER

Quotes & Quips

HUMOR & WISDOM

- Make the LIE big, ...Make the LIE simple,
...KEEP SAYING IT, and eventually they will
Believe it. — Adolph Hitler.
- REMEMBER JOE BIDEN WON THE 2020....ELECTION
FAIR & SQUARE !!!!! *...and Donald Trump is a convicted
Felon.*
- "I have never let my schooling interfere
with my education." — Mark Twain

IN THESE TROUBLED TIMES REMEMBER,
FEAR IS A REACTION.. COURAGE
IS A DECISION.

THE PURPOSE OF THIS SHOW IS TO EDUCATE
AND EMPOWER YOU THE LISTENER
To MAKE THE COMPLEX UNDERSTANDABLE
EACH & EVERY SHOW. -R. Limbaugh

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Share N'Care Pharmacy in Belen , Duran's Central
Pharmacy, Arnett's Regent Pharmacy, Best Buy
Pharmacy, Menaul Pharmacy, **VINTAGE** PHARMACY (on
Mongomery), Evergreen Herbal Market (Rio Rancho),
Moses Kountry Store (4th Street), Village Apothecary
in Cedar Crest, **HIGHLAND PHARMACY**, Kare Drug (AZTEC, NM),
PURPLE SAGE HERB & HEALTH (Bosque Farms), and Sierra Blanca
Pharm in RUIDOSO, NM

§ <https://www.memoryrevitalizer.com>

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MARGARET 25% OFF OF 1ST VISIT....
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Albuquerque NeuroScience MEMORY
DIFFICULTIES? • AGE 50-87 • poor
memory>6months • ?? possible ALZHEIMER'S?
• must have caregiver / loved one to participate.
ALBUQUERQUE NEUROSCIENCES
101 Hospital Loop NE, Unit 209,
Albuquerque, NM 87109
Tel: 505-848-3773

THANK YOU FOR LISTENING, CALLING AND
TELLING OTHERS ABOUT THE SHOW

Random thoughts of the MOON

HAT TIP ● ● ● **Harrison JACK Schmitt** (July 3, 1935–) is an American geologist, retired NASA astronaut, university professor, former U.S. senator from New Mexico, and the most recent living person—and only person without a background in military aviation—to have walked on the Moon.

In December 1972, as one of the crew onboard Apollo 17, Schmitt became the first member of NASA's first scientist-astronaut group to fly in space. As Apollo 17 was the last of the Apollo missions, he also became the twelfth and second-youngest person to set foot on the Moon and the second-to-last person to step off of the Moon (he boarded the Lunar Module shortly before commander Eugene Cernan.

Harrison and Gene Cernan assembled their lunar module on the moon's surface in their space suits. They drove about 21 miles exploring more of the moon than ever before over 3 days with three different excursions.

Sadly, few people on planet earth paid attention in 1972... I in my 1st year of residency at Washington U (St. Louis) was one. 36hr “on” 12 hr “off”.

● Astronaut Schmitt's Journey was on a SATURN V rocket designed by Wernher von Braun at a cost of 152 B. ● it stood 363 feet (111 m) tall, and, ignoring the fins, was 33 feet (10 m) in diameter. Fully fueled, the Saturn V weighed 6.5 million pounds.

● The SATURN V was moved to the launch sight on a flat top ‘vehicle’ called “The Crawler. , this largest land vehicle ever made that moves on enormous treads That starts 3 ½ miles from the launchpad where the SATURN V was built on top of it. At the right time (hurricane free) The CRAWLER with SATURN V on top of moves down a special highway 30 feet deep designed to handle the strain of millions of pounds moving across it without shifting. The CRAWLER has locomotive-sized diesel engines that consume 165 gallons of fuel for every mile it travels at ½ mile per hour. ● Once the SATURN V lifts off it hits a top speed of 25,000 mph

● **CONSIDER THE MOON**

□ ANALYSIS of moon rocks demonstrate that 4.5 billion years ago, shortly after the formation of our solar system... a fortuitous event occurred a Mars-sized object hit Theia, our proto-Earth at just the right angle.... just the perfect speed to create a bigger Earth and a spinning Earth, and left-over parts we call THE MOON.

MOON composition == Earth composition

□ NOW, **OUR MOON IS AN ODDITY**, outrageously large Compared to other moons in our solar system.

□ It is big enough (27% of earth) to maintain our spinning axis relative to the sun, so we have 4 seasons

□ It maintains tides which are essential for costal life forms.

THE ODDS of all of this 'coincidence' happening is $1:10^{40}$,
..... an unimaginable number What a coincidence !!

⇒ What are the ODDS ?? → → THIS POINTS TO
INTELLIGENT DESIGN ie.....> GOD.

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RHEUMATIC FEVER

RHEUMATIC FEVER (RF) is an inflammatory disease that can involve the heart, joints, skin, and brain. The disease typically develops two to four weeks after a STREPTOCOCCAL THROAT INFECTION.

Signs and symptoms include fever, multiple painful joints, involuntary muscle movements, and occasionally a characteristic non-itchy rash known as *erythema marginatum* [Bright pink or red circular lesions which have sharply-defined borders and faint central clearing. The lesions typically range from 3 to 10 cm in size, and are distributed symmetrically over the torso and inner surfaces of the limbs] .

The heart is involved in about half of the cases.

Damage to the heart valves, known as **RHEUMATIC HEART DISEASE** (RHD), usually occurs after repeated attacks but can sometimes occur after one. The damaged valves may result in heart failure, atrial fibrillation and infection of the valves.

Rheumatic fever occurs in about 325,000 children each year and about 33.4 million people currently have rheumatic heart disease.

- is caused by an autoimmune reaction to Group A β -hemolytic streptococci (GAS) that results in valvular damage. Fibrosis and scarring of valve leaflets, commissures and cusps leads to abnormalities that can result in valve stenosis or regurgitation.

- If a patient develops heart failure due to valve disease, the patient should be placed on medical therapy as tolerated for heart failure including angiotensin-converting enzyme (ACE) inhibitors, diuretics, and beta-blockers.
- mitral regurgitation, aortic regurgitation, and Aortic Stenosis are common end diseases.

Hx. Y. r. N. S. K. WAR OF 1812

YOU ALL REMEMBER THAT THE BRITISH ADMIRAL GEORGE COCKBURN (Co-burn) led 4,500 troops into Washington DC on **August 24, 1814** intent on burning it to the ground. Dolly Madison barely escaped from the White House with oil painting of George Washington.

As the city burned behing Dolly, GOD intervened. A hurricane swept in, triggering a tornado in the middle of Washington DC, moving straight down Constitution Avenue toward the British.

A British soldier wrote “Roofs of houses were torn off and carried up like sheets of paper, while rain was like a mighty cataract, lasting for two hours without intermission. Thirty of our men were buried under the ruins. Two of our cannons were lifted in the air and carried away.

God's rain doused the fires and the British left as quickly as they came. James Madison called for a day of Prayer and Thanksgiving.

DO NOT Talk to me about Separation from Church and State.
WE ARE A CHRISTIAN NATION.

Prostate Meds Slash Dementia Risk by up to 40 Percent: Study

by Sheramy Tsai Epoch Times July 19, 2024

- Commonly prescribed alpha-blockers for treating benign prostatic hyperplasia may also offer protective effects against dementia with Lewy bodies.
- Researchers from the University of Iowa and the University of Michigan investigated whether three prostate drugs—terazosin, doxazosin, and alfuzosin—might offer protective effects against dementia with Lewy bodies.
- “We theorized that the increased energy in the cell may help prevent the build-up of certain harmful proteins in the brain associated with dementia with Lewy bodies,” he said.
- The researchers analyzed data from more than 600,000 men who began treatment with one of the three prostate drugs or with two other types of prostate medications—tamsulosin and 5 α -reductase inhibitors (5ARIs).
- The major side effect of concern is orthostatic hypotension

- The findings revealed that men taking terazosin, doxazosin, or alfuzosin had a significantly lower risk of developing LBD compared to those taking tamsulosin or 5ARIs. Specifically, the risk was 40 percent lower compared to tamsulosin and 37 percent lower compared to 5ARIs.

..... PROSTATE CANCER ...

March 18, 2023 -p 6

https://www.theepochtimes.com/prostate-cancer-treatment-can-wait-for-most-men-study-finds_5116990.html?ea_src=ai&ea_med=search

By Carla K. Johnson

Researchers have found long-term evidence that actively monitoring localized prostate cancer is a **SAFE ALTERNATIVE TO IMMEDIATE SURGERY OR RADIATION.**

The results, released Saturday, are encouraging for men who want to avoid treatment-related sexual and incontinence problems, said Dr. Stacy Loeb, a prostate cancer specialist at NYU Langone Health who was not involved in the research.

The study directly compared the **THREE APPROACHES**—surgery to remove tumors, radiation treatment, and monitoring.

Most prostate cancer grows slowly, so it takes many years to look at the disease's outcomes.

“There was no difference in prostate cancer mortality at 15 years between the groups,” Loeb said.

And prostate cancer survival for all three groups was high—97 percent regardless of treatment approach. “That’s also very good news.”

The results were published Saturday in the New England Journal of Medicine and presented at a European Association of Urology conference in Milan, Italy. Britain's National Institute for Health and Care Research paid for the research.

Men diagnosed with **LOCALIZED PROSTATE CANCER** shouldn't panic or rush treatment decisions, said lead author Dr. Freddie Hamdy of the University of Oxford.

- Instead, they should "consider carefully the possible benefits and harms caused by the treatment options."
- A small number of men with high-risk or **MORE ADVANCED DISEASE** do need urgent treatments, he added.
- Researchers followed more than 1,600 UK men who agreed to be randomly assigned to get surgery, radiation, or active monitoring.

The patients' cancer was confined to the prostate, a walnut-sized gland that's part of the reproductive system.

- Men in the monitoring group had regular blood tests and some went on to have surgery or radiation.
- Death from prostate cancer occurred in 3.1 percent of the active-monitoring group, 2.2 percent in the surgery group, and 2.9 percent in the radiation group, differences considered statistically insignificant.
- At 15 years, cancer had spread in 9.4 percent of the active-monitoring group, 4.7 percent of the surgery group and 5 percent of the radiation group.

The study was started in 1999, and experts said today's monitoring practices are better, with MRI imaging and gene tests guiding decisions.

"We have more ways now to help catch that the disease is progressing before it spreads," Loeb said. In the United States, about 60 percent of low-risk patients

CHOOSE MONITORING, now called active surveillance.

Hamdy said the researchers had seen the difference in cancer spread at 10 years and expected it to make a difference in survival at 15 years, “but it did not.” He said spread alone doesn’t predict prostate cancer death.

“This is a new and interesting finding, useful for men when they make decisions about treatments,” he said.

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SILVER COIN WATER PURIFICATION

Silver has been used since antiquity as a natural antimicrobial agent, and by placing a solid silver coin into a water bottle, you can help to kill any bacteria that may try to form. Silver ions bind to the bacteria’s cell membranes, blocking the cells from receiving nutrients and causing them to die.

In addition, silver coins are a lightweight and cost-effective way to ensure that the water you have with you is always safe to drink, and it’s a great way to stay prepared for any situation. it is essential to use a solid pure silver coin. To test the authenticity of a coin, you can use a magnet. If the coin is attracted to the magnet, it is not pure silver, as silver is not magnetic.

3 liters of water would require around 3-6 grams of silver. Therefore, if using a silver coin, you will want to choose a coin that is at least one ounce in weight.

OR

COFFEE FILTER: Remove all suspended material from collected water by letting it settle to the bottom or by filtration. This means that after you collect some water that hasn’t been treated, you need to let it sit long enough to let any debris settle to the bottom of the container.

COLOROX: For 1 quart of water, use 4 drops of Clorox® Disinfecting Bleach. For 1¾ gallons of water, use 25 drops or ¼ teaspoon of Clorox® Disinfecting Bleach.

WAIT:::.....> Allow the treated water to stand for 30 minutes. Properly treated water should have a slight chlorine odor.

New shingles vaccine could cut dementia risk by 25 per cent, Oxford research suggests...but scientists still aren't sure why

by Xantha Leatham , Daily Mail July 25, 2024

A shingles vaccine, available on the NHS, could reduce the risk of dementia by up to 27 per cent compared to jabs for other illnesses, a study shows.

The painful and serious condition, which mainly affects older people, can cause an uncomfortable rash and lead to serious problems such as deafness, long-lasting pain and even blindness.

In 2021, a vaccine called Shingrix was introduced on the NHS, replacing a previous jab for shingles called Zostavax.

And now, a major study has shown Shingrix is linked to a 'significantly' lower risk of dementia compared to Zostavax and jabs for other illnesses, which have also shown to reduce the risk of developing the condition.

- Researchers from the University of Oxford analyzed data on more than 200,000 people in the USA, where the Shingrix vaccine has been used for longer.
- Over six years, the team found Shingrix was linked with a 17 per cent lower risk of dementia than the previously-used Zostavax, with women benefitting more than men. However, when compared to people who had just received vaccines against other infections such as flu and tetanus, those who received Shingrix had a 23-27 per cent lower risk of developing dementia.
- Dr Maxime Taquet, academic clinical lecturer in the department of psychiatry at Oxford, who led the study, said: 'The size and nature of this study makes these findings convincing and should motivate further research.

'They support the hypothesis that vaccination against shingles might prevent dementia.

Alternative approaches to ARTHRITIS

1. Role of Food Allergy

High Probability Foods:

- Dairy (cheese, yogurt, ice cream, etc)
- Wheat (bread, pasta, pizza, donuts)
- Corn (sweeteners, dextrose, popcorn, tortillas, etc)
- Eggs
- Refined Sugars - candy, soda, pastry

MAY EAT :

- Oatmeal, Rye, Rice, Millet
 - Beans, and all veggies other than corn/wheat.
2. * Niacinamide (vit. B3)
 3. Glucosamine Sulfate // Chondroitin Sulfate
 4. * vitamin E
 5. * Selenium
 - 6 SAME (S-adenosylmethionine)
 7. *Zinc
 8. *Copper
 9. Omega-6 fatty acids: Borage oil, evening primrose oil, black currant seed oil
 10. Omega -3 fatty acids (fish oil)
 11. GINGER / TUMERIC/ PEPPER
 12. *Boron, Devil's claw, Nettle, Cats Claw, Willow, and Horsetail
-
-

Thu, July 25, 2024 MR BIDEN's withdrawal from race

ID's location, cites prior presidents honor to serve as President.. Pushes defense of Democracy... an anathema to the founders. Am at "INFLECTION POINT" to effect generations forward "Do we still believe in Honesty, Decency, Respect, Freedom, Justice, Democracy. Does Character in public life still matter? We are a GREAT Nation because we are a GOOD people. 'Then with "always level with you" ** of truth then lies to us. Democracy is larger than all of us; Unite to protect it then true Goal: unite his PaRTY, (not the country) *masked facies/ right hand moves only and occassionally. Body rigid* Time & Place for NEW voices/ FRESH voices for Unity

THEN unambiguously says he will finish out his term.

● Lower costs, grow economy, defend right to vote, call out hate/extremism political violence,

● stop gun violence, climate change, “cancer moon shot”,

● PACK the Supreme Court,

● leader of the free world, says WE ARE NOT AT WAR...

● Stop Putin/keep Nato/Pacific Allies... China will not surpass the USA,

● end GAZA..home hostages/ Am prisoners all around the world.

/// BIG LIES ...WORST ECONOMY since great depression. J-6 worst attack

on our democracy since the Civil War, “Today We are stronger, more prosperous, more secure. Wages up, inflation down, rebuilding our country.

Mfgs coming back to America... leading the world in chips, science,

innovation, BEAT BIG Pharma (lower prescription cost for seniors) More

have healthcare today than ever. Violent crime at 15 year low. Border

Crossings lower (in Texas due to Gov. Abbott); Appointed Black female to

Supreme Court. And implimented DEI

Ran 4 years ago because the “Soul of America was at stake”

America is an IDEA ... “HOLD THESE TRUTHS TO BE SELF-EVIDENT.

Now plugs C. Harris

then “kid with a stutter from Scranton, PA sit behind the Resolut Desk”

God Bless you all

President Biden spoke to the nation in a primetime address from the Oval Office tonight, three days after dropping his reelection bid and endorsing Vice President Kamala Harris as his replacement to take on former President Donald Trump this fall.

Biden explained his decision to drop out of the 2024 race, telling the American people that the "defense of democracy is more important than any title."

“I have decided the best way forward is to pass the torch to a new generation," Biden said. "That is the best way to unite our nation."

“Over the next six months I will be focused on doing my job as President," he said, confirming that he plans to remain in office through the end of his term. "That means I will continue to lower costs for hard-working families and grow our economy. I will keep defending our personal freedoms and our civil rights — from the right to vote to the right to choose.”